The range of motion and fluid, intuitive adjustments of the award-winning Flo Monitor Arm are unsurpassed. Its patented geometric spring technology and dynamic fingertip control let you put your screen exactly where you want it with minimum effort and maximum precision. Because Flo lets you choose the height, viewing distance, and tilt angle of your monitor, it meets everyone’s needs, even people who wear progressive lenses. Flo supports devices ranging from seven to 20 pounds.

Benefits
- Perfect monitor placement for every person, place, and posture
- Patented technology gives you a large range of motion and quick, intuitive fingertip control for effortless, precise adjustment
- Multiple attachment options to accommodate a variety of workstations and work activities

Warranty
12-year, 3-shift

hermanmiller.com/flo-monitor-arms
Flo® Monitor Arm

Key Features

1. **Spring Technology**
   Flo’s patented geometric spring technology and dynamic fingertip control provide an unmatched range and ease of movement up, down, forward, backward, tilted, and rotated to suit your needs.

2. **Self-Balancing D-Ring**
   The self-balancing D-ring ensures stability in either portrait or landscape orientation.

3. **Weight Gauge**
   A built-in weight gauge and counterbalance adjustment lets you set the tension to work smoothly with any device.

4. **Cable Management**
   Integrated three-point cable management system keeps cables neatly out of sight.

5. **Highly Adjustable**
   Flo has a 13.3” height-adjustment range, a 20.6” extension range, and a +/- 40 degree tilt range.

6. **VESAt Plate**
   The VESA attachment plate accommodates two hole patterns (75 and 100 millimeter).

Details

- **Vertical Adjustment**
  13.3”

- **Focal Adjustment**
  20.6”

- **Tilt Range**
  +/- 40 degrees

- **Monitor Weight**
  7–20 lbs

Number of Devices

1

Monitor Head

VESAt-compliant

Statement of Line Overview

Images

View image library.

Sustainability

Click here to see how Flo meets your environmental goals.