Herman Miller
Equa 2® Chair

Seating that performs for you.

**Seat Height:** Paddle-shaped lever on right side

- **To raise:** Take your weight off chair, lift lever up.
- **To lower:** Lift lever up while seated.

At the proper height, your feet should rest flat on the floor.

**Tilt Lock:** Paddle-shaped lever on the left side of tilt mechanism

- **To lock upright:** While seated upright, swing paddle back.
- **To release:** Swing paddle forward.

Engage the tilt lock when you want to sit in an upright position.

**Tilt Tension:** Knob under seat on front of chair

- **To increase:** Turn knob to the left.
- **To decrease:** Turn knob to the right.

Set the tilt tension to control the resistance you feel when reclining.

**Lumbar Depth:** Pump pad and release button on front of right back support

- **To increase:** While seated, lift your weight off back of chair, push pump pad in to inflate lumbar support and achieve desired level of support.
- **To decrease:** While seated, press release button to deflate lumbar support and achieve desired level of support.

Adjust the lumbar depth so that it comfortably supports the natural curve of your spine.

Only available on some models.

Only available on split-pad models.
**Adjustment Guide**

**Herman Miller® Equa 2 Chair**

**Tilt Lock:** Paddle-shaped lever on the left side of tilt mechanism  
*Only available on some models.*

- **To lock upright:** While seated upright, swing paddle back.
- **To release:** Swing paddle forward.

Engage the tilt lock when you want to sit in an upright position.

**Lumbar Depth:** Pump pad and release button on front of right back support  
*Only available on split-pad models.*

- **To increase:** While seated, lift your weight off back of chair, push pump pad in to inflate lumbar support and achieve desired level of support.
- **To decrease:** While seated, press release button to deflate lumbar support and achieve desired level of support.

Adjust the lumbar depth so that it comfortably supports the natural curve of your spine.

**Arm Width:** Back of each armpad  
*Only available on some models.*

- **To adjust:** Grasp back end of armpad and slide it toward you or away from you.

In the proper position, your elbows should be in line with your shoulders.

**Arm Angle:** Front of each armpad  
*Only available on some models.*

- **To adjust:** Grasp front end of armpad and pivot it inward or outward.

Adjust arm angle inward when using a keyboard; adjust arm angle outward when using a mouse.

**Footring Height:** Footring at base of stool  
*Only available on stools.*

- **To set:** Lift and turn ring counterclockwise; set at desired height.
- **To lock:** Turn ring clockwise.

At the proper height, your feet should rest flat on the footring.