



Seat Height: Paddle-shaped lever on right side

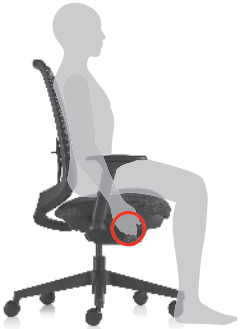


To raise:
While taking your weight off chair, lift lever up.



To lower:
While seated, lift lever up.

At the proper height, your feet should rest flat on the floor.



Seat Depth: Lever under right side of seat

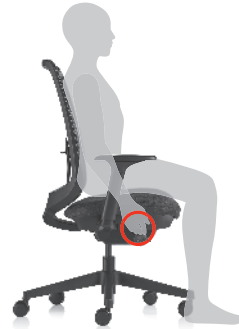


To increase depth:
Pull lever out, slide thighs forward to adjust seat; release lever.



To decrease depth:
Pull lever out, push seat back and release lever.

In the proper position, you will have approximately three-fingers of clearance between the back of your knees and the seat edge.



Tilt Lock: Knob/Level below left side of seat

Available on Self-adjusting tilt (3), (4)
& Tilt with tension control (8).



To lock the tilt:
Tilt (3 & 4) Push down the lever to lock the backrest in place at one of the preset angles.



Tilt (8) Turn counterclockwise to lock the backrest in place at one of the preset angles.



To unlock the tilt:
Tilt (3 & 4) Pull up the lever to unlock the tilt.



Tilt (8) Turn the knob clockwise to unlock the tilt.

Engage the tilt lock when you want to lock the backrest in an upright or one of the preset angles.



Tilt Limiter: Knob below right side of seat

Available on Self-adjusting tilt (5).



To limit tilt range:
Turn clockwise to limit the level of recline



To release tilt limiter:
Turn counterclockwise to increase the level of recline

Engage the tilt limiter when you want to sit in an upright or partially reclined position.



Tilt Tension: Long stem on right side with knob

Available on Tilt (8) Tension control with tilt lock.



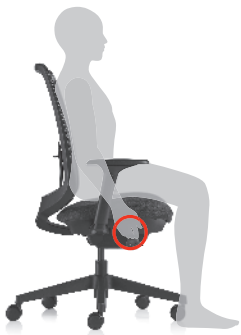
To increase tension:
While seated, turn knob forward (toward + sign).



To decrease tension:
While seated, turn knob backward (toward – sign).

Set the tilt tension to control the resistance you feel when leaning back.

For the Self-adjusting Tilt with the Tilt lock or Tilt limiter, the tension is pre-loaded to adjust to the user.



Lumbar Height: Lever on adjustable lumbar support

Only available on some models.



To adjust height on suspension back:
Slide lever up and down to desired height.



To adjust height on TriFlex back:
Slide adjustable back support up and down to desired height.



Arm Depth & Width:

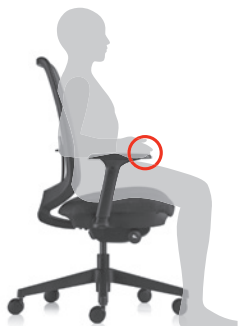
Only available on some models.



To adjust arm depth:
Grasp arm pad, push forward or back to desired position.



To adjust arm width:
Grasp armpad and pull in or push out.



Arm Height: Button located on arm stalk under each arm pad



To raise or lower arm:
Push button and pull arms up or down to desired height.

For maximum comfort, your arms should make contact with the armpad without any lift at your shoulders.

